

MYMEDITATONDESIGN.COM

The following script is free for personal and commercial use.

Wordcount = 807 words

25-Minute Hypnosis Script for Wealth and Prosperity

Narration Guide:

- Words in *italic* font are meant to be emphasized for full NLP effect
- Words in [Brackets] are not intended for narration
- For each new paragraph a 2-5 second pause is recommended
- [Pause] = 5 to 10 seconds
- [Moderate Pause] = 10 to 20 seconds
- [Long Pause] = 20 seconds+
- Each “.” Period represents one second

[Introduction]

There is nothing wrong with wanting money and wealth, since *it is just* a part of our nature to look for ways to lead a successful, prosperous, and rich life. Society has many ways of describing the process of gaining wealth, but the main factor in attaining health, financial independence and riches is having a "*Wealth Consciousness*" mindset. It may sound easy, but there are also mindsets that can stop people from reaching their goals, which is known as a "*Poverty Consciousness*" mindset. This is mainly caused by our own negative beliefs and false stories we've learn from our environment and experiences.

The law of attraction posits that whatever you focus on will be drawn into your life. *This is a universal truth*, meaning the inner reflects the outer.

And by utilizing hypnosis and relaxation techniques, you can achieve a wealth consciousness mindset that attracts wealth to your life even as you sleep. Consider this as a kind of *mental rewiring*, creating *new* neural pathways that promote a life full of wealth and financial prosperity.

When you are ready, find a position that is comfortable, close your eyes, and get ready to begin this life changing process.

[Pause]

[Breath Induction + Prompt for Progressive Muscle Relaxation]

Take a *deep* breath in....*And* a deep breath out.

Again, a *deep* breath in...*And* deep breath out.

As you inhale and exhale, in your own serene and unhurried rhythm, I wonder if you can sense the tightness and strain *slipping away* from *every* inch of your body.

[Pause]

Every breath that you take carries with it - *a wave of deep relaxation and ease*, gradually engulfing your being in a *gentle* and *comforting* embrace.

[Moderate Pause]

Inhale abundance...*And* exhale all feelings of lack.

[Pause]

Breathe in prosperity...*And* exhale all doubts.

[Pause]

Breath in confidence...*And* exhale all fear..

[Pause]

[Visualization]

Now, I'd like you to envision yourself strolling along a garden path on a *bright and sunny day*.

Sense the sun's rays as they *gracefully* touch your skin.

Listen to the rustling of the leaves and the birdsong as you traverse this lush garden *full of life* and *overflowing with the riches of nature*.

[Pause]

And when you are ready to lift your gaze, you will see a *magnificent, yet familiar* looking door.

This is the entrance to the riches and rewards you seek, and when you look down you may find that you *already* possess the key to open this door.

And when you are ready to open it, you will be *surrounded* by the empowering energy of the *money consciousness*.

[Pause]

If you haven't already, why not go ahead? Open the door with your key and *step inside*.

[Moderate Pause]

[Suggestions]

With the power of your intention, you attract wealth into all aspects of your life by mentally programming your subconscious mind to operate under the wealth consciousness mindset. This mindset helps you to transform your relationship with money, letting go of any past struggles, and believing that you will always have enough.

You treat money like a precious baby that needs to be nurtured with care and as you become more aware of the wealth you already have, opportunities to grow your wealth manifest into your reality.

You create a plan of action to bring wealth to your door and strategize multiple ways of earning income.

You acknowledge that good health is wealth, and that money can flow to you from many streams.

By tapping into the infinite reservoirs of your wealth consciousness, you give yourself the ability to create wealth, financial security, freedom, and happiness, without any feelings of lack, insufficiency, or insecurity.

You have renewed the drive, determination, and confidence to claim the wealth that is rightfully yours.

[Moderate Pause]

[Invocations & Affirmations] – Client wants this to be whispered in recording

Every day, you will reinforce your money consciousness mindset with the essence of these words:

I am a powerful attractor of abundance.

I possess the power to manifest the ambitions of my heart.

Why is it so effortless for me to acquire wealth?

Why does the universe bless me with riches and wellbeing?

I am secure and sheltered.

I am blessed with abundance, health, and joy.

I am thankful for the wealth and prosperity that continuously flows into my life.

[Moderate Pause]

[Return to waking consciousness]

We have now reached the end of our session.

In a few moments I will count from 5 to 1 and when I reach 1, you will be back to your normal state of consciousness.

5, gently bringing your awareness back to the present reality

4, beginning to move your limbs, fingers, and toes

3, taking a deep breath and releasing it slowly

2, feeling the connection between your body and the world around you

1, eyes open wide, awake and alert.

Welcome back. You have successfully returned to your normal state of consciousness. I hope you enjoyed this session and can continue to use this recording to help reinforce your wealth consciousness goals. Be sure to use this recording often to help manifest success and abundance in your life.